

Guiding Questions

Taking My Results to the Next Level

What are the barriers in my situation keeping me from seeing the whole picture; the whole system?

What is my thinking about this and is that limiting what I think is possible?

Am I willing to sit with different thoughts and beliefs at least long enough to see another perspective to understand how that would result in different behavior?

What new person or group can I spend time with that will expand my exposure to perspectives different from my own?

What does my gut tell me?

Where is my attention and focus and what is that producing?

What is the change going on in my world right now and have I given myself time to process it?

When looking at these words, which ones pull me toward wanting to explore further?

- interact, intersect, coincide, combine; relationship
- think, approach, expect, understand, wonder, perspective, view; paradigm
- improve, change, modify, assess, judge, value, feel, sense; expand

Am I looking at the parts **and** appreciating how their synergy affects or actually creates the forward momentum and sustainability of the whole?

Can I zoom out any farther?

Have I used the Six Thinking Hats to review all aspects of the situation, possible action, or solution?

What natural system can I look to for a model that will inform my search for solutions?

Am I using time as a competitive advantage?

Am I using my (time) resource wisely?

Am I using guiding questions and focusing statements effectively?

Have I connected with networks that can inform my thinking and inspire creativity and the exploration or the focus that I'm needing?

Am I plugged into ongoing learning opportunities that further my exploration of understanding systems?